

# Vasovasostomy

## Post-Procedure Instructions

**UROLOGY**  
SAN ANTONIO

Your attention to the following instructions during your initial recovery will contribute to the success of the procedure.

1. Use ice pack for 48 hours
2. Wear scrotal support continuously until you return for the follow-up appointment. Remove ½ of the fluffs in 24 hours, and the remainder in 48 hours.
3. You may shower in 24 hours; no tub bathing for 1 week.
4. No heavy lifting for 6 weeks.
5. Do not resume intercourse for 2 weeks.
6. Make a follow-up appointment for 2 weeks at the physician's office. You will have a semen analysis in 4 to 6 weeks.
7. Get your prescription for pain and antibiotics filled today. The local anesthetic will wear off in 2-10 hours; take your pain medication before the numbness wears off. Be sure to finish the antibiotics.
8. Problems, questions, or concerns, call Urology San Antonio at (210) 614-4544